



Lunch Meal Prices:

JR/SH Meal \$2.95

Elem. Meal \$2.70

Reduced Price \$0.40

**MAY 2019
SENIOR HIGH
LUNCH MENU**

Janet L. Gaffney, MS RD LDN
Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
<p>LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportunities available this school year. Complete www.ambridge.k12.pa.us Apply For All Clearances Act 34,151, 114 Email concerns:jgaffney@ambridge.k12.pa.us</p>	<p>Find Free / Reduced Meal Applications at: www.ambridge.k12.pa.us.</p> <p>*AASD is an equal opportunity provider</p>	<p>Cook's Brunch for Lunch Hash Browns Veggie / Fruit Juice Assorted Fruits Milk</p>	<p>Bridger Pizza Potatoes - Cook's Choice Carroteenies w/Ranch Dip Whole Fruit/Frozen Cup Milk</p>	<p>Pierogies w/Onion Butter Sauce Spinach Salad or Tossed Salad Garlic Toast Seasonal Fruits - 2 Choices Milk</p>
1	2	3	4	5
<p>Pizzas - Assorted Cook's Favs Assorted Treat Bags Green Beans Cook's Choice of 2nd Veggie Fresh Orange and Apple Milk</p>	<p>Walking Taco w/WG Tortilla Chips Romaine Tomato Salad Pacific Blend Vegetables Chilled Peaches Punch Milk</p>	<p>Tyson Chicken Choices Dinner Roll or Bun French Fries Seasoned Corn Chilled Peachy/Pear Cup Sorbet Milk</p>	<p>Penne Pasta in Meatsauce w/Parm Cheese Soft Breadsticks Green Beans 2nd Veggie - Cook's Choice Assorted Jello Fruit - 2 Choices Milk</p>	<p>Mexican Pizza Onion Rings White Bean Salad Diced Peaches 2nd Fruit Choice Milk</p>
6	7	8	9	10
<p>Bridger Burger Assorted Treat Bags Green Beans Veggie Stix w/Ranch Diced Pears Craisins Milk</p>	<p>Popcorn Chicken French Fries Steamed Broccoli Dinner Roll Mandarin Oranges Apple Juice Milk</p>	<p>Gyro on a Pita w/Cucumber Sauce Green Beans Coleslaw Whole Fruit Swirl Applesauce Milk</p>	<p>Taco in a Soft Shell w/Lettuce & Tomato Cheesy Mexican Rice Golden Corn Fiesta Beans Fresh Fruit Diced Peaches Milk</p>	<p>Tyson Chicken Tenders Assorted Potatoes Veggie Juice Fresh Broccoli Florets w/Ranch Fresh Banana Milk</p>
13	14	15	16	17
<p>Meatball Sandwich & Mozz French Fries Carrot Coins Fruit Varieties - 2 Choices Milk</p>	<p>Hot Dog on a Bun w/Cheese & Chilli Potato Pancakes Baby Carrots Applesauce Cup Fresh Fruit Treat Milk</p>	<p>Pork Choppette w/Gravy Whipped Potatoes Sweet Peas WG Dinner Roll Assorted Fruits - 2 Choices Milk</p>	<p>Cheeseburger on a Bun w/Lettuce & Tomato French Fries Broccoli Spears Peachy/Pear Cup Strawberry Cup Milk</p>	<p>Grilled Cheese w/Pickles WG Healthy Treat Bag Green Pepper & Celery Stix w/Ranch Tomato Soup Fresh Fruit Choices - 2 Choices Milk</p>
20	21	22	23	24
MEMORIAL DAY NO SCHOOL	<p>Nachos Supreme w/Salsa & Cheddar Cheese Rice Refries Beans Veggie Juice Fresh Apple & 2nd Fruit Choice Milk</p>	KENNYWOOD PICNIC NO SCHOOL	<p>Chicken Patty on a WG Bun Tator Tots Cukes & Pepper Strips w/Ranch Orange Wedges Pears Milk</p>	<p>Cook's Choice of Asst Entrees Mac N Cheese Spinach or Tossed Salad Baby Carrots Whole Fruit Sorbet Bananas Milk</p>
27	28	29	30	31