



Lunch Meal Prices:

JR/SH Meal \$2.95

Elem. Meal \$2.70

Reduced Price \$0.40

MAY 2019
K-8
LUNCH MENU

Janet L. Gaffney, MS RD LDN
Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
<p>LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportunities available this school year. Complete www.ambridge.k12.pa.us Apply For All Clearances Act 34,151, 114 Email concerns:jgaffney@ambridge.k12.pa.us</p>	<p>Find Free / Reduced Meal Applications at: www.ambridge.k12.pa.us.</p> <p>*AASD is an equal opportunity provider</p>	<p>Cook's Brunch for Lunch Choices Hash Browns Veggie & Fruit Juice Assorted Fruits Milk</p> <p>ALT: Hot Ham & Cheese on a Bun</p> <p style="text-align: right;">1</p>	<p>Bridger Pizza Potatoes - Cook's Choice Carroteenies w/Ranch Dip Whole Fruit / Frozen Cup Milk</p> <p>ALT: Chipped Turkey/Ham BBQ</p> <p style="text-align: right;">2</p>	<p>Pierogies w/Onion Butter Sauce Spinach Salad or Tossed Salad Garlic Toast Seasonal Fruit Milk</p> <p>ALT: Tuna Salad on a Bun</p> <p style="text-align: right;">3</p>
<p>Pizzas - Assorted Cook's Fav Assorted Treat Bags Green Beans Cook's 2nd Veggie Choice Fresh Orange or Apple Milk</p> <p>ALT: Boneless Pork Rib on a Bun</p> <p style="text-align: right;">6</p>	<p>Walking Taco w/WG Tortilla Chips Romaine Tomato Salad Pacific Blend Vegetables Chilled Peaches Milk</p> <p>ALT: Hot Dog on a Bun</p> <p style="text-align: right;">7</p>	<p>Tyson Chicken Choices Dinner Roll on a Bun French Fries Seasoned Corn Chilled Peachy/Pear Cup Milk</p> <p>ALT: Chilli w/Crackers</p> <p style="text-align: right;">8</p>	<p>Penne Pasta in Meatsauce w/Parm Cheese Soft Breadsticks Green Beans Assorted Jello Fruit Milk</p> <p>ALT: Chicken Snack Wrap</p> <p style="text-align: right;">9</p>	<p>Mexican Pizza Onion Rings 2nd Veggie Choice Diced Peaches Milk</p> <p>ALT: Grilled Cheese Sandwich</p> <p style="text-align: right;">10</p>
<p>Bridger Burger Assorted Treat Bags Green Beans Veggie Stix w/Ranch Fresh Orange or Apple Milk</p> <p>ALT: Pork BBQ</p> <p style="text-align: right;">13</p>	<p>Popcorn Chicken French Fries Steamed Broccoli Dinner Roll Mandarin Oranges Milk</p> <p>ALT: Steak n Cheese</p> <p style="text-align: right;">14</p>	<p style="text-align: center;">2 HOUR DELAY - ELEM ONLY</p> <p>Gyro on a Pita w/Cucumber Sauce Green Beans Coleslaw Whole Fruit Swirl Milk</p> <p>ALT: Turkey & Cheese Sandwich</p> <p style="text-align: right;">15</p>	<p>Taco in a Soft Shell w/Lettuce & Tomato Cheesy Mexican Rice Golden Corn Fiesta Beans Diced Peaches Milk</p> <p>ALT: Mini Italian Hoagie</p> <p style="text-align: right;">16</p>	<p>Tyson Chicken Tenders Assorted Potatoes Veggie Juice Fresh Broccoli Florets w/Ranch Fresh Banana Milk</p> <p>ALT: Bagel, Egg & Cheese</p> <p style="text-align: right;">17</p>
<p>Meatball Sandwich & Mozz Cheese French Fries Carrot Coins Fruit Variety Milk</p> <p>ALT: Burrito</p> <p style="text-align: right;">20</p>	<p>Hot Dog on a Bun w/Cheese & Chilli Potato Pancakes Baby Carrots Applesauce Cup Milk</p> <p>ALT: Ham & Swiss on a WG Roll</p> <p style="text-align: right;">21</p>	<p>Pork Choppette w/Gravy Whipped Potatoes Sweet Peas WG Dinner Roll Assorted Fruits Milk</p> <p>ALT: Chix Alfredo</p> <p style="text-align: right;">22</p>	<p>Cheeseburger on a Bun w/Lettuce & Tomato French Fries Broccoli Spears Peachy/Pear Cup Milk</p> <p>ALT: Turkey & Cheese Wrap</p> <p style="text-align: right;">23</p>	<p>Grilled Cheese w/Pickles WG Healthy Treat Bag Green Pepper & Celery Stix w/Ranch Tomato Soup Fresh Fruit Choices Milk</p> <p>ALT: Fish Sandwich</p> <p style="text-align: right;">24</p>
<p style="text-align: center;">MEMORIAL DAY NO SCHOOL</p>	<p>Nachos Supreme w/Salsa & Cheddar Cheese Rice Refried Beans Veggie Juice Fresh Apple Milk</p> <p>ALT: Stuffed Pizza Stix w/Sauce</p> <p style="text-align: right;">27</p>	<p style="text-align: center;">KENNYWOOD PICNIC NO SCHOOL</p>	<p>Chicken Patty on a WG Bun Tator Tots Cukes & Pepper Strips w/Ranch Orange Wedges Milk</p> <p>ALT: Sloppy Joe</p> <p style="text-align: right;">30</p>	<p>Cook's Choice of Asst Entrees Mac N Cheese Spinach or Tossed Salad Baby Carrots Whole Fruit Sorbet Milk</p> <p style="text-align: right;">31</p>