

## NOVEMBER 2021 MIDDLE/HIGH SCHOOL BREAKFAST MENU

## Janet L. Gaffney, MS RD LDN Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Juice WG Poptart Cinnamon Grahams Milk	Fresh Apple Pumpkin Bread Yogurt Milk	Orange Juice Apple Frudel Mozzarella String Cheese Milk	Fresh Banana Quaker Granola Bar Gold Fish Grahams Milk	Breakfast Kits (Includes 2 Grains & 100% Juice) Milk
	1	2 3	4	5
100% Punch Juice WG Goody Ring Nutri-Grain Bar Milk	Amazin Raisins Blueberry Muffin Scooby Grahams Milk	Apple Juice Team Cheerios Bar 2nd Grain Milk	VETERAN'S DAY NO SCHOOL	Breakfast Kits (Includes 2 Grains & 100% Juice) Milk
	8	9 10	11	12
Orange Juice Oatmeal Round Cook's Choice of 2nd Grain Milk	Peach Cup WG Cinnamon Roll String Cheese Milk	Apple Juice Pumpkin Bread Hard Cooked Egg Milk	Cranberry Juice Apple Turnover Nutri Grain Bar Milk	Breakfast Kits (Includes 2 Grains & 100% Juice) Milk
	15	6 17	18	19
Blue-Raz Juice Bagel w/Cream Cheese 2nd Grain - Grahams Milk	Clementine WG Mini Loaf, Choc Chip or Lemon Fruity Yogurt Milk	THANKSGIVING BREAK NO SCHOOL	THANKSGIVING BREAK NO SCHOOL	THANKSGIVING BREAK NO SCHOOL
		24	25	26
THANKSGIVING BREAK NO SCHOOL	100% Punch Coco-Cherry Bar Assorted Grahams Milk			LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportuni- ties available this school year. Com- plete application at www.ambridge.k12.pa.us Apply For All Clearances Act 34,151, 114 Email concerns:jgaffney@ambridge.k12.pa.us *AASD is an equal opportunity provider
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