	What Makes a Lunch? Select 3-5 Components MILK GRAIN Y FRUIT PROTEIN Y One must be a FRUIT OR VEGGIE	TUESDAY	WELGOME BACK! JGUS K-5 LUNCH MENU WEDNESDAY	Food Serv	e Holman CDM, CEPP ice Duector .holman@ambridge.k12.pa.us,
11 II 11	Lunch Price Free (CEP)	Veretables	LOOKING FOR A LITTLE EXTRA CASH, FLEXIBLE HOURS? Various part-time Food Service Opportunities available this school year. Scan QR Code to complete application and apply for all clearances Act 34,151,114	1	2
	5	6	7	8	9
	12	13	14	15	16
	19	20	21	22 Cheese or Pepperoni Pizza Tossed Salad Corn Healthy Treat Bags Peaches or Fresh Fruit Choice Milk ALT: Pulled Pork on WG Bun	23 Pierogies w/ Onion Butter Sauce Carrots Fresh Broccoli Florets w/ Ranch WG Pretzel Stick Pears or Fresh Fruit Choice Milk ALT: Pulled Pork on WG Bun
	Nacho Supreme w/ Lettuce, Cheese & Salsa Mex Rice Refried Beans Apple Slices or Fresh Fruit Choice Milk ALT: Italian Hoagie	27 Chicken Patty on WG Bun w/ Lettuce & Tomato French Fries Carrots Mandarin Oranges or Fresh Fruit Choice Milk ALT: Italian Hoagie	28 Mini Corn Dog WG Pasta Alfredo Broccoli Florets Cucumber Slices WG Cookie or Fresh Fruit Choice Milk ALT: Italian Hoagie	29 Chicken Fajita on WG Tortilla VI Cheddar Cheese, Peppers & Onions Corn & Black Bean Salad Peas Pineapple Tidbits or Fresh Fruit Choice Milk ALT: Italian Hoagie	30 Penne Pasta w/ Meat Sauce Italian Blend Tossed Salad WG Garlic Toast Frozen Fruit Swirl or Fresh Fruit Choice Milk ALT: Italian Hoagie

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.

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