

What Makes a Lunch?

Select 3-5 Components



One must be a



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2024

SEPTEMBER

MIDDLE SCHOOL LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 **NO SCHOOL**

Happy Labor Day

3 **Mandarin Orange Chicken over Egg Noodles**
 Stir Fry Vegetables
 Fresh Pepper Stripes w/ Ranch
 WG Dinner Roll
 Fruit Cocktail or Fresh Fruit Choice
 Milk

4 **Cheeseburger on WG Bun**
 W/ Lettuce & Tomato
 Crinkle Cut Fries
 Lentil Pasta Salad
 100% Fruit Punch or Fresh Fruit Choice
 Milk

5 **Buffalo Chicken Dip w/ WG Tortillas Chip**
 Peas
 Celery Sticks w/ Ranch
 Pears or Fresh Fruit Choice
 Milk

6 **Gyro w/ Lettuce & Onion**
 Sliced Carrots
 Greek Salad
 Applesauce or Fresh Fruit Choice
 Milk

9 **WG Pancakes with Sausage**
 Triangle Potato
 Veggie Juice
 Warm Cinnamon Apple Slices or Fresh Fruit Choice
 Milk

10 **BBQ Rib Patty on WG Bun**
 Potato Pancakes
 Baked Beans
 Frozen Fruit Swirl or Fresh Fruit Choice
 Milk

11 **Hot Turkey Sandwich**
 Mashed Potatoes w/ Gravy
 Green Beans
 Pineapple Tidbits or Fresh Fruit Choice
 Milk

12 **Cheese or Pepperoni Pizza**
 Mixed Vegetable
 Fresh Broccoli w/ Ranch
 Healthy Treat Bags
 Applesauce or Fresh Fruit Choice
 Milk

13 **Cheese Ravioli**
 Italian Green Beans
 Tossed Salad
 WG Bread Stick
 Fruit Cup or Fresh Fruit Choice
 Milk

16 **Walking Taco w/ WG Tortilla Chips**
 Lettuce, Cheese & Salsa
 Refried Beans
 Fresh Pepper Strips w/ Ranch
 Mandarin Oranges or Fresh Fruit Choice
 Milk

17 **Meatball Sandwich on WG Roll**
 w/ Mozz Cheese
 Italian Blend
 Sliced Cucumbers
 Apple Slices or Fresh Fruit Choice
 Milk

18 **Pork Chopette w/ Gravy**
 Mashed Potatoes
 Peas
 WG Dinner Roll
 Gelatin or Fresh Fruit Choice
 Milk

19 **Chicken Tenders**
 Potato Wedges
 Coleslaw
 WG Biscuit
 Peaches or Fresh Fruit Choice
 Milk

20 **Stuffed Mozz Sticks w/ Pizza Sauce**
 Green Beans
 Tossed Salad
 Strawberry Cup or Fresh Fruit Choice
 Milk

23 **Popcorn Chicken**
 Waffle Fries
 Carrots
 WG Breadsticks
 Pears or Fresh Fruit Choice
 Milk

24 **Beef or Chicken Taco on WG Tortilla**
 w/ Lettuce, Cheese and Salsa
 Green Beans
 Fresh Cauliflower w/ Ranch
 Pineapple Tidbits or Fresh Fruit Choice
 Milk

25 **Bridger Burger on WG Bun**
 w/ Lettuce & Tomato
 Sweet Potato Fries
 Lentil Pasta Salad
 Applesauce or Fresh Fruit Choice
 Milk

26 **Mexican Pizza**
 Mexican
 Spinach Salad
 Mandarin Oranges Or Fresh Fruit Choice
 Milk

27 **Macaroni & Cheese**
 Peas
 Fresh Broccoli Florets w/ Ranch
 WG Dinner Roll
 Fruit Cocktail or Fresh Fruit Choice
 Milk

30 **Chicken Nuggets**
 Potato Smiles
 Cauliflower w/ Cheese
 WG Dinner Roll
 Fruit Cocktail or Fresh Fruit Choice
 Milk

DAILY LUNCH ITEMS

GARDEN SALAD
 DELI SANDWICH
 GRAB N GO LUNCHES
 PIZZA (FRIDAY ONLY)

MILK OFFERED DAILY

low fat white, vanilla,
 chocolate, strawberry. &
 nonfat white



Lunch Price:
 Free (CEP)



LOOKING FOR A LITTLE EXTRA CASH,
 FLEXIBLE HOURS?

Various part-time Food Service
 Opportunities available this school
 year. Scan QR Code to complete
 application and apply for all
 clearances Act 34,151,114

