What Makes a Lunch? Select 3-5 Components WILK GRAIN FRUIT PROTEIN One must be a FRUIT OR VEGGIE	TUESDAY	2024 TEMA K-5 LUNCH MENU WEDNESDAY	BER THURSDAY	FRIDAY
2 NO SCHOOL	Jandarin Orange Chicken over Egg Noodles Stir Fry Vegetables Fresh Pepper Stripes w/ Ranch WG Dinner Roll Fruit Cocktail or Fresh Fruit Choice Milk ALT: Gyro w/Lettuce & Onion	Choosehurger on WG Bun	5 Boneless Chicken Wings Peas Celery Sticks w/ Ranch Pears or Fresh Fruit Choice Milk ALT: Gyro w/Lettuce & Onion	6 Grilled Cheese Sandwich Tomato Soup Sliced Carrots Applesauce or Fresh Fruit Choice Milk ALT: Gyro w/Lettuce & Onion
9 WG Pancakes with Sausage Triangle Potato Veggie Juice Warm Cinnamon Apple Slices or Fresh Fruit Choice Milk ALT: Egg & Cheese on WG Croissant	10 BBQ Rib Patty on WG Bun Potato Pancakes Baked Beans Frozen Fruit Swirl or Fresh Fruit Choice Milk ALT: Egg & Cheese on WG Croissant	11 Hot Turkey Sandwich Mashed Potatoes w/ Gravy Green Beans Pineapple Tidbits or Fresh Fruit Choice Milk ALT: Egg & Cheese on WG Croissant	12 Cheese or Pepperoni Pizza Mixed Vegetable Fresh Broccoli w/ Ranch Healthy Treat Bags Applesauce or Fresh Fruit Choice Milk ALT: Egg & Cheese on WG Croissant	13 Cheese Ravioli Italian Green Beans Tossed Salad WG Bread Stick Fruit Cup or Fresh Fruit Choice Milk ALT: Egg & Cheese on WG Croissant
16 Walking Taco w/ WG Tortilla Chips Lettuce, Cheese & Salsa Refried Beans Fresh Pepper Strips w/ Ranch Mandarin Oranges or Fresh Fruit Choice Milk ALT: Turkey & Cheese Wrap	17 Meatball Sandwich on WG Roll w/ Mozz Cheese Italian Blend Sliced Cucumbers Apple Slices or Fresh Fruit Choice Milk ALT: Turkey & Cheese Wrap	18 Pork Chopette w/ Gravy Mashed Potatoes Peas WG Dinner Roll Gelatin or Fresh Fruit Choice Milk ALT: Turkey & Wrap	19 Potato Wedges Coleslaw WG Biscuit Peaches or Fresh Fruit Choice Milk ALT: Turkey & Cheese Wrap	20 Stuffed Mozz Sticks w/ Pizza Sauce Green Beans Tossed Salad Strawberry Cup or Fresh Fruit Choice Milk ALT: Turkey & Cheese Wrap
23 Popcorn Chicken Waffle Fries Carrots WG Breadsticks Pears or Fresh Fruit Choice Milk ALT: Chili w/ Fritos	24 Beef or Chicken Taco on WG Tortilla w/ Lettuce, Cheese and Salsa Green Beans Fresh Cauliflower w/ Ranch Pineapple Tidbits or Fresh Fruit Choice Milk ALT: Chili w/ Fritos	25 Bridger Burger on WG Bun w/ Lettuce & Tomato Sweet Potato Fries Lentil Pasta Salad Applesauce or Fresh Fruit Choice Milk ALT: Chili w/ Fritos	26 Mexican Pizza Mexicorn Spinach Salad Mandarin Oranges Or Fresh Fruit Choice Milk ALT: Chili w/ Fritos	27 Macaroni & Cheese Peas Fresh Broccoli Florets w/ Ranch WG Dinner Roll Fruit Cocktail or Fresh Fruit Choice Milk ALT: Chili w/ Fritos
30 Chicken Nuggets Potato Smiles Cauliflower w/ Cheese WG Dinner Roll Fruit Cocktail or Fresh Fruit Choice Milk	Leigh Anne Holman Cl Food Service Dire 724-266-2833 ext. 239 <u>leighanne.holman@am</u>	ector 95 or 2230	Fruits Grains Dairy Vigetable Protein Protein Qppy year appl	KING FOR A LITTLE EXTRA CASH, IBLE HOURS? DUS part-time Food Service ortunities available this school . Scan QR Code to complete ication and apply for all rances Act 34,151,114

Milk ALT: Ham & Cheese on WG Bun

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.

Free (CEP)