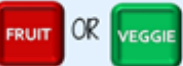


What Makes a Lunch?

Select 3-5 Components



One must be a



2024

NOVEMBER

MIDDLE SCHOOL LUNCH MENU

Leigh Anne Holman CDM, CFPP
Food Service Director

724-266-2833 ext. 2395 or 2230

leighanne.holman@ambridge.k12.pa.us

LOOKING FOR A LITTLE EXTRA CASH,
FLEXIBLE HOURS?
Various part-time Food Service
Opportunities available this
school year. Scan QR Code to
complete application and apply
for all clearances Act 34,151,114



MONDAY



Lunch Price:
Free (CEP)

TUESDAY

DAILY LUNCH ITEMS

GARDEN SALAD
DELI SANDWICH
GRAB N GO LUNCHES
PIZZA (FRIDAY ONLY)

WEDNESDAY

MILK OFFERED DAILY

low fat white, vanilla,
chocolate, strawberry. &
nonfat white

THURSDAY



FRIDAY

1 Stuffed Mozz Sticks w/ Pizza Sauce
Green Beans
Tossed Salad
Strawberry Cup or Fresh Fruit Choice
Milk

4 Popcorn Chicken
Waffle Fries
Carrots
WG Breadsticks
Pears or Fresh Fruit Choice
Milk

5 Beef or Chicken Taco on WG Tortilla
w/ Lettuce, Cheese and Salsa
Green Beans
Fresh Cauliflower w/ Ranch
Pineapple Tidbits or Fresh Fruit Choice
Milk

6 Bridger Burger on WG Bun
w/ Lettuce & Tomato
Sweet Potato Fries
Lentil Pasta Salad
Applesauce or Fresh Fruit Choice
Milk

7 Mexican Pizza
Mexicorn
Spinach Salad
Mandarin Oranges or Fresh Fruit Choice
Milk

8 Macaroni & Cheese
Peas
Fresh Broccoli Florets w/ Ranch
WG Dinner Roll
Fruit Cocktail or Fresh Fruit Choice
Milk

11 **THANK YOU VETERANS**

NO SCHOOL

12 Chicken Nuggets
Potato Smiles
Cauliflower w/ Cheese
WG Dinner Roll
Fruit Cocktail or Fresh Fruit Choice
Milk

13 **THANKSGIVING LUNCH**
Sliced Turkey w/ Gravy
Mashed Potatoes and/or Stuffing
Corn
Cranberry Sauce
WG Dinner Roll
Pumpkin Mousse or Fresh Fruit Choice
Milk

14 Cheese or Pepperoni Pizza
Tossed Salad
Green Beans
Healthy Treat Bags
Peaches or Fresh Fruit Choice
Milk

15 Pierogies w/ Onion Butter Sauce
Carrots
Fresh Broccoli Florets w/ Ranch
WG Pretzel Stick
Pears or Fresh Fruit Choice
Milk

18 Nacho Supreme
w/ Lettuce, Cheese & Salsa
Mex Rice
Refried Beans
Apple Slices or Fresh Fruit Choice
Milk

19 Chicken Patty on WG Bun
w/ Lettuce & Tomato
Curly Fries
Carrots
Mandarin Oranges or Fresh Fruit Choice
Milk

20 Mini Corn Dog
WG Pasta Alfredo
Broccoli Florets
Cucumber Slices
WG Cookie or Fresh Fruit Choice
Milk

21 Chicken Fajita on WG Tortilla
w/ Cheddar Cheese, Peppers & Onions
Peas
Corn & Black Bean Salad
Pineapple Tidbits or Fresh Fruit Choice
Milk

22 Penne Pasta w/ Meat Sauce
Italian Blend
Tossed Salad
WG Garlic Toast
Strawberry Cup or Fresh Fruit Choice
Milk

25 BBQ Shredded Beef on WG Bun
Tater Tots
Coleslaw
Peaches or Fresh Fruit Choice
Milk

26 Mandarin Orange Chicken
over Egg Noodles
Stir Fry Vegetables
Fresh Pepper Stripes w/ Ranch
WG Dinner Roll
Fruit Cocktail or Fresh Fruit Choice
Milk

27 NO SCHOOL



29 NO SCHOOL