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2025



Lunch Price:
Free (CEP)

What Makes a Lunch?
 Select 3-5 Components



One must be a
FRUIT OR **VEGGIE**



JANUARY

HIGH SCHOOL LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DAILY LUNCH ITEMS

SALAD BAR
 MTO DELI
 GRAB & GO LUNCH
 PIZZA

MILK OFFERED DAILY

low fat white, vanilla,
 chocolate, strawberry,
 & nonfat white

1	NO SCHOOL	2	NO SCHOOL	3	NO SCHOOL				
6	Chicken Nuggets Potato Smiles Cauliflower w/ Cheese WG Dinner Roll Fruit Cocktail or Fresh Fruit Choice Milk	7	Hot Dog on WG Bun w/ Chili & Cheese Baked Beans Cucumber Tomato Salad Frozen Fruit Swirl or Fresh Fruit Choice Milk	8	Open Faced Hot Roast Beef on WG Bread French Fries Peas Mousse or Fresh Fruit Choice Milk	9	Cheese or Pepperoni Pizza Tossed Salad Corn Healthy Treat Bags Peaches or Fresh Fruit Choice Milk	10	Pierogies w/ Onion Butter Sauce Carrots Fresh Broccoli Florets w/ Ranch WG Pretzel Stick Pears or Fresh Fruit Choice Milk
13	Nacho Supreme w/ Lettuce, Cheese & Salsa Mex Rice Refried Beans Apple Slices or Fresh Fruit Choice Milk	14	Chicken Patty on WG Bun w/ Lettuce & Tomato Curly Fries Carrots Mandarin Oranges or Fresh Fruit Choice Milk	15	Mini Corn Dog WG Pasta Alfredo Broccoli Florets Cucumber Slices WG Cookie or Fresh Fruit Choice Milk	16	Chicken Fajita on WG Tortilla w/ Cheddar Cheese, Peppers & Onions Peas Corn & Black Bean Salad Pineapple Tidbits or Fresh Fruit Choice Milk	17	Penne Pasta w/ Meat Sauce Italian Blend Tossed Salad WG Garlic Toast Strawberry Cup or Fresh Fruit Choice Milk
20	NO SCHOOL	21	NO SCHOOL	22	Cheeseburger on WG Bun W/ Lettuce & Tomato Crinkle Cut Fries Lentil Pasta Salad 100% Fruit Punch or Fresh Fruit Choice Milk	23	Buffalo Chicken Dip w/ WG Tortilla Chips Celery Sticks w/ Ranch Peas Pears or Fresh Fruit Choice Milk	24	Gyro w/ Lettuce & Onion Greek Salad Sliced Carrots Applesauce or Fresh Fruit Choice Milk
27	WG Pancakes with Sausage Hashbrown Rounds Veggie Juice Warm Cinnamon Apple Slices or Fresh Fruit Choice Milk	28	BBQ Rib Patty on WG Bun Potato Pancakes Baked Beans Frozen Fruit Swirl or Fresh Fruit Choice Milk	29	Mandarin Orange Chicken over Egg Noodles Stir Fry Vegetables Fresh Pepper Stripes w/ Ranch WG Dinner Roll Fruit Cocktail or Fresh Fruit Choice	30	Cheese or Pepperoni Pizza Mixed Vegetable Fresh Broccoli w/ Ranch Healthy Treat Bags Applesauce or Fresh Fruit Choice Milk	31	Lasagna Roll Up Italian Green Beans Tossed Salad WG Bread Stick Fruit Cup or Fresh Fruit Choice Milk