				Creat Breakfast? Components!
	K	-5 BREAKFAST M		choose between OR FRUIT JUICE
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Protection Vegetaties Protection	1 Fresh Fruit Variety Apple Slices Mini Loaf Asst Grahams Milk	2 Fresh Fruit Variety Orange Juice Snack N Waffle Milk	3 Fresh Fruit Variety Pear Cup Benefit Bar Milk	4 Fresh Fruit Variety Breakfast Kits (Includes: 2 Grains, 100% Juice) Milk
7 Fresh Fruit Variety Applesauce Cup Betty Crocker Breakfast Bar Asst Grahams Milk	8 Fresh Fruit Variety Craisins Hadley Farms Cinnamon Roll Milk	9 Fresh Fruit Variety Grape Juice Blueberry Muffin (4oz) Milk	10 Fresh Fruit Variety Mandarin Oranges Cereal Cup (2oz) Yogurt Milk	11 Fresh Fruit Variety Breakfast Kits (Includes: 2 Grains, 100% Juice) Milk
14 Fresh Fruit Variety Apple Juice Strawberry or Cinnamon Cream Cheeses Filled Bagel Milk	15 Fresh Fruit Variety Peach Cup Mini Donuts Milk	16 Fresh Fruit Variety Blue Raspberry Raisins Mini French Toast Milk	17 NO SCHOOL	18 NO SCHOOL
21 NO SCHOOL	22 Fresh Fruit Variety 100% Fruit Punch Nutrigran Bar Birthday Cake Grahams Milk	23 Fresh Fruit Variety Apple Slices Burst Bread Slice Milk	Fresh Fruit Variety Pineapple Tidbits Cereal Cup (2oz) Hard Cooked Egg Milk	25 Fresh Fruit Variety Breakfast Kits (Includes: 2 Grains, 100% Juice) Milk
28 Fresh Fruit Variety Diced Cinnamon Apples Pop Tart (2ea) Milk	29 Fresh Fruit Variety Dried Cherries Mini Cinnamon Rolls Milk	30 Fresh Fruit Varity Pear Cup Mini Pancakes Yogurt Milk	724-2	Anne Holman CDM, CFPP Food Service Director 66-2833 ext. 2395 or 2230 .holman@ambridge.k12.pa.us

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.

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