



2025

MARCH

K-5 BREAKFAST MENU

What Makes A Great Breakfast?
Select 3 Components!

MILK FRUIT JUICE

GRAIN FRUIT

Be sure to choose between

FRUIT OR FRUIT JUICE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

Fresh Fruit Variety
Diced Cinnamon Apples
Pop Tart (2ea)
Milk

4

Fresh Fruit Variety
Peach Cup
Mini Donuts
Milk

5

Fresh Fruit Variety
Dried Cherries
Mini Cinnamon Rolls
Milk

6

Fresh Fruit Variety
Pineapple Tidbits
Cereal Cup (2oz)
Hard Cooked Egg
Milk

7

**NO SCHOOL
PARENT TEACHER
CONFERENCES**

NATIONAL SCHOOL BREAKFAST WEEK MARCH 3-7, 2025

10

Fresh Fruit Variety
Applesauce Cup
Dunkin Sticks
Milk

11

Fresh Fruit Variety
100% Fruit Punch
Nutrigran Bar
Birthday Cake Grahams
Milk

12

Fresh Fruit Variety
Apple Slices
Burst Bread Slice
Milk

13

Fresh Fruit Variety
Fruit Cup
Zee Zee's Breakfast Bar
Cheese Stick
Milk

14

Fresh Fruit Variety
Breakfast Kits
(Includes: 2 Grains, 100% Juice)
Milk

17

**NO SCHOOL
PROFESSIONAL
DEVELOPMENT DAY**

18

Fresh Fruit Variety
Pineapple Tidbits
Cereal Cup (2oz)
Hard Cooked Egg
Milk

19

Fresh Fruit Variety
Pear Cup
Mini Pancakes
Yogurt
Milk

20

First Day of Spring

Fresh Fruit Variety
Applesauce Cup
"Daisy" Pull-a-Part Donut
Milk Choice

21

Fresh Fruit Variety
Breakfast Kits
(Includes: 2 Grains, 100% Juice)
Milk

24

Fresh Fruit Variety
Orange Juice
Donut Holes
Milk

25

Fresh Fruit Variety
Peach Cup
Apple or Cherry Frudel
Milk

26

Fresh Fruit Variety
Apple Juice
Muffin Top
Asst Grahams
Milk

27

Fresh Fruit Variety
Craisins
ZeeZee's Breakfast Bar
Cheese Stick
Milk

28

Fresh Fruit Variety
Breakfast Kits
(Includes: 2 Grains, 100% Juice)
Milk

31

Fresh Fruit Variety
Strawberry Raisins
Breakfast Round
Hard Cooked Egg
Milk

Did you know children who eat breakfast are more likely to...

- Reach higher levels of achievement in reading and math
- Score higher on standardized tests
- Have better concentration and memory
- Be more alert and maintain a healthy weight



**Breakfast Price:
Free (CEP)**

