2025 MARCH MIDDLE SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 BBQ Shredded Beef on WG Bun Tater Tots Coleslaw Peaches or Fresh Fruit Choice Milk	4 Teriyaki Chicken Fried Rice Stir Fry Vegetables Fresh Pepper Stripes w/ Ranch WG Dinner Roll Fruit Cocktail or Fresh Fruit Choice Milk	5 Cheeseburger on WG Bun W/ Lettuce &Tomato Crinkle Cut Fries Lentil Pasta Salad 100% Fruit Punch or Fresh Fruit Choice Milk	6 Buffalo Chicken Dip w/ WG Tortilla Chips Celery Sticks w/ Ranch Peas Pears or Fresh Fruit Choice Milk	7 Grilled Cheese Sandwich Tomato Soup Sliced Carrots Applesauce or Fresh Fruit Choice Milk
10 WG Pancakes with Sausage Hashbrown Rounds Veggie Juice Warm Cinnamon Apple Slices or Fresh Fruit Choice Milk	11 BBQ Rib Patty on WG Bun Potato Pancakes Baked Beans Frozen Fruit Swirl or Fresh Fruit Choice Milk	12 Hot Turkey Sandwich Mashed Potatoes w/ Gravy Green Beans Pineapple Tidbits or Fresh Fruit Choice Milk	13 Cheese or Pepperoni Pizza Mixed Vegetable Fresh Broccoli w/ Ranch Healthy Treat Bags Applesauce or Fresh Fruit Choice Milk	14 Cheese Ravioli Italian Green Beans Tossed Salad WG Bread Stick Fruit Cup or Fresh Fruit Choice Milk
17 NO SCHOOL PROFESSIONAL DEVELOPMENT DAY	18 Pork Chopette w/ Gravy Mashed Potatoes Peas WG Shamrock Pretzel Gelatin or Fresh Fruit Choice Milk	19 Walking Taco w/ WG Tortilla Chips Lettuce, Cheese & Salsa Refried Beans Fresh Pepper Strips w/ Ranch Mandarin Oranges or Fresh Fruit Choice Milk	20 Chicken Tenders Potato Wedges Coleslaw WG Biscuit Peaches or Fresh Fruit Choice Milk	21 Stuffed Mozz Sticks w/ Pizza Sauce Green Beans Tossed Salad Strawberry Cup or Fresh Fruit Choice Milk
24 Popcorn Chicken Waffle Fries Carrots WG Breadsticks Pears or Fresh Fruit Choice	25 Beef or Chicken Taco on WG Tortilla w/ Lettuce, Cheese and Salsa Green Beans Fresh Cauliflower w/ Ranch Pineapple Tidbits or Fresh Fruit Choice Milk	26 Bridger Burger on WG Bun w/ Lettuce & Tomato Sweet Potato Fries Lentil Pasta Salad Applesauce or Fresh Fruit Choice Milk	27 Mexican Pizza Mexicorn Spinach Salad Mandarin Oranges or Fresh Fruit Choice Milk	28 TWO HOUR DELAY Fish Sandwich Macaroni & Cheese Peas Fresh Broccoli Florets w/ Ranch WG Dinner Roll Fruit Cocktail or Fresh Fruit Choice Milk
31 Chicken Nuggets Potato Smiles Cauliflower w/ Cheese WG Dinner Roll Fruit Cocktail or Fresh Fruit Choice Milk	Choose MyPlate.gov	D low fat white, vanilla, H chocolate, strawberry.	Leigh Anne Holman CDM, C Food Service Director 724-266-2833 ext. 2395 or 2 leighanne.holman@ambridge.k	2230

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.

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What Makes a Lunch? Select 3-5 Components

PROTEIN

One must be a

FRUIT